



Total Body Detox

MADE WITH ORGANIC HERBS

A Complete 14-Day Organic Internal Cleanse*

- 3-Part Formula
- Gentle & Effective
- 100% Organic Herbs & Fiber
- For Those with Daily Elimination

Total Body Detox is a 14-day, 3-part organic internal cleansing program. Total Body Detox blends only organic herbs and fiber to offer you a wholesome, gentle and effective cleanse with no extra ingredients to add stress to your body.*

Part 1: Detoxify with Original Total Body Herbal Detox*

Total Body Herbal Detox 1 uses organic whole herbs long known to support the liver, lungs, lymphatic system, kidneys, skin and blood.* These cleansing herbs support the natural detoxification process of the body.*

Part 2: Capture with Total Body Fiber Blend

Total Body Fiber Blend 2 is a blend of organic oat bran, flaxseed and acacia fiber. Fiber is a critical component of colon cleansing, as well as organ detoxification and purification.*

Part 3: Eliminate with Total Body Colon Cleanse*

Total Body Colon Cleanse 3 contains an effective blend of organic rhubarb, slippery elm, fennel and marshmallow to help promote the needed elimination from the colon.* Organic slippery elm, fennel and marshmallow help to soothe and comfort the bowel.*



Total Body Detox was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.



Total Body Herbal Detox 1

Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 14
	Amount per Serving	%DV**
Detoxify Blend		
made with organic herbs:		970 mg
Burdock root (organic)		***
Dandelion root (organic)		***
Garlic bulb (organic)		***
Milk Thistle seed (organic)		***
Dandelion leaf (organic)		***
Blessed Thistle leaf (organic)		***
Echinacea Angustifolia herb (organic)		***
Fenugreek seed (organic)		***
Kelp (organic)		***
Mullein leaf (organic)		***
Nettle leaf (organic)		***
Oat straw (organic)		***
Oregano leaf (organic)		***
Parsley leaf (organic)		***
Turmeric root (organic)		***
Yellow Dock root (organic)		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable starch and water)

Directions: Take 2 capsules in the morning. Please read accompanying literature.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose.

Total Body Fiber Blend 2

Supplement Facts

Serving Size: 6 Capsules		Servings per Container: 14
	Amount per Serving	%DV**
Calories	16	
Calories from fat	0	
Total Fat	0 g	
Total Carbohydrate	4 g	<2%
Dietary Fiber	4 g	16%
Soluble Fiber	0.6 g	***
Insoluble Fiber	3.4 g	***
Triple Fiber Blend		
		4,300 mg
Organic Oat Bran		***
Organic Flaxseed		***
Organic Acacia Fiber		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable starch and water)

Directions: Take 3 capsules in the morning with 8 ounces of water and 3 capsules in the evening with 8 ounces of water. Or, take 6 capsules in the evening with 8 ounces of water. **Drink plenty of water while using this product.**

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition.

Notice: Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.

Total Body Colon Cleanse 3

Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 14
	Amount per Serving	%DV**
Eliminate Blend		
made with organic herbs:		1,000 mg
Rhubarb root (organic)		***
Fennel seed (organic)		***
Marshmallow root (organic)		***
Slippery Elm bark (organic)		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable starch and water)

Directions: Take 2 capsules at night with 8 ounces of water. Please read accompanying literature.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose. Do not use if you have intestinal blockage.

Notice: This product contains rhubarb. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA OR LOOSE STOOLS.** Read and follow directions carefully.

Advanced Natural Digestive Care

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