



# Intestinal Bowel Solution™

**Natural 2-Part Formula Supports a Healthy Intestinal Lining and Regular Elimination\***

- Helps Strengthen & Tone the Bowel\*
- Supports a Healthy Intestinal Lining\*
- Relieves Occasional Gas, Bloating & Cramping\*
- Unique Western & Chinese Herbal Blends

## Intestinal Bowel Solution™

is a 2-part (morning and evening) formula used to support a healthy intestinal lining and promote regular, healthy elimination.\*

**Intestinal Bowel Solution Part I** (Intestinal Lining Support) combines the amino acids L-glutamine and N-acetyl D-glucosamine with antioxidants and soothing herbs to help nourish and support the protective intestinal lining.\*

**Intestinal Bowel Solution Part II** (Bowel Support) contains a combination of Western and Chinese herbs that help maintain healthy bowel function.\* Herbs such as peppermint, chamomile, slippery elm and fenugreek help to relax and soothe the bowel.\* Added cranberry helps to tone the bowel, and fennel, ginger and peppermint work to help relieve occasional gas and bloating.\*



Intestinal Bowel Solution was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of natural healthcare clinics specializing in digestive care.

## Intestinal Bowel Solution I

### Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 30	
		Amount per Serving	%DV**
L-Glutamine	835 mg	***	
N-Acetyl D-Glucosamine	35 mg	***	
Gamma Oryzanol	20 mg	***	
<b>Proprietary Herbal Blend</b>	<b>10 mg</b>		
Cranesbill root (Geranium maculatum)		***	
Ginger root (Zingiber officinale)		***	
Marigold flower (Calendula officinalis)		***	
Marshmallow root (Althaea officinalis)		***	

Other Ingredients: Vegetable capsule (vegetable fiber and water)

**Directions:** Take 2 capsules in the morning on an empty stomach. Please read accompanying literature.



## Intestinal Bowel Solution II

### Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 30	
		Amount per Serving	%DV**
<b>Proprietary Western Herbal Blend</b>	<b>800 mg</b>		
Slippery Elm bark (Ulmus rubra)		***	
German Chamomile flower (Matricaria recutita)		***	
Fenugreek seed (Trigonella foenum-graecum)		***	
Fennel seed (Foeniculum vulgare)		***	
Skullcap herb (Scutellaria lateriflora)		***	
Cranberry Extract fruit (Vaccinium macrocarpon pe)†		***	
Peppermint leaf (Mentha piperita)		***	
<b>Proprietary Chinese Herbal 12:1 Extract Blend</b>	<b>600 mg</b>	***	
Atractylodes root - bai zhu, Capillary Artemisia herb - yin chen hao, Codonopsis root - dang shen, Job's Tears seed - yi yi ren, Schisandra fruit - wu wei zi, Agastache whole plant - huo xiang, Chinese Licorice root - zhi gan cao, Chinese Thoroughwax - chai hu, Ginger root - pao jiang, Korean Ash Branches bark - qin pi, Magnolia bark - hou po, Phellodendron bark - huang bai, Poria cocos root - fu ling, Psyllium seed - che qian zi, Chinese Goldthread - huang lian, Chinese White Peony root - bai shao, Costus root - mu xiang, Siler root - fang feng, Tangerine peel - chen pi, Angelica root - bai zhi			
MSM (methylsulfonylmethane)	200 mg	***	

Other Ingredients: Vegetable capsule (vegetable fiber and water)

**Directions:** Take 2 capsules in the evening. Please read accompanying literature.

#### For Both Bottles:

**WARNING:** Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Note:** Discontinue use of Intestinal Bowel Solution II if adverse effects occur, such as nausea, distention or dizziness.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.