



INTESTINAL BOWEL SOLUTION™

A natural 2-part formula to support a healthy intestinal lining and healthy elimination*

- Natural ingredients that support bowel health*
- Unique Western herbal blend
- Proprietary Chinese herbal blend

Intestinal Bowel Solution Part 1 (Intestinal Lining Support) contains the amino acids L-glutamine and N-acetyl D-glucosamine, as well as herbs that support the health of the intestinal lining.*

Intestinal Bowel Solution Part II (Bowel Support) contains a combination of Western and Chinese herbs, which help to maintain healthy bowel function.* The Western herbs such as skullcap, peppermint and chamomile help to relax and calm the bowel.* Cranberry helps to tone the bowel.* Fennel, ginger and peppermint help to relieve gas.* Herbs such as slippery elm and fenugreek help to soothe and relax the bowel.*

The Chinese herbs have been used traditionally to soothe, calm and support the bowel.*

Intestinal Bowel Solution I

Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 30	
	Amount per Serving	%DV**	
L-Glutamine	835 mg	***	
N-Acetyl D-Glucosamine	35 mg	***	
Gamma Oryzanol	20 mg	***	
Proprietary Herbal Blend	10 mg		
Cranesbill Root (Geranium maculatum)		***	
Ginger Root (Zingiber officinale)		***	
Marigold Flower (Calendula officinalis)		***	
Marshmallow Root (Althaea officinalis)		***	

** Percent Daily Values are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsules (vegetable fiber and water)
Directions: Take 2 capsules in the morning. Please read accompanying literature.



Intestinal Bowel Solution II

Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 30	
	Amount per Serving	%DV**	
Proprietary Western Herbal Blend	800 mg	***	
Slippery Elm bark (Ulmus rubra)	200 mg	***	
German Chamomile flower (Matricaria recutita)	200 mg	***	
Fenugreek seed (Trigonella foenum-graecum)	100 mg	***	
Fennel Seed (Foeniculum vulgare)	100 mg	***	
Skullcap herb (Scutellaria lateriflora)	100 mg	***	
Cranberry fruit (Vaccinium macrocarpon pet)	50 mg	***	
Peppermint leaf (Mentha piperita)	50 mg	***	
Proprietary Chinese Herbal 12:1 Extract Blend	600 mg	***	

Atractylodes root - bai zhu, Capillary Artemisia herb - yin chen hao, Codonopsis root - dang shen, Job's Tears seed - yi yi ren, Schisandra fruit - wu wei zi, Agastache whole plant - huo xiang, Chinese Licorice root - zhi gan cao, Chinese Thoroughwax - chai hu, Ginger root - pao jiang, Korean Ash Branches bark - qin pi, Magnolia bark - hou po, Phellodendron bark - huang bai, Poria cocos root - fu ling, Psyllium seed - che qian zi, Chinese Goldthread - huang lian, Chinese White Peony root - bai shao, Costus root - mu xiang, Siler root - fang feng, Tangerine peel - chen pi, Angelica root - bai zhi

MSM (methylsulfonylmethane) 200 mg ***
** Percent Daily Values are based on a 2,000 calorie diet.
*** Daily Value not established
† Plant extract 25:1, 30% total acids

Other Ingredients: Vegetable capsule (vegetable fiber and water)
Directions: Take 2 capsules in the evening. Please read accompanying literature.

For Both Bottles:

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose.



Intestinal Bowel Solution was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.