



Gas Relief™

An Advanced Digestive Enzyme Blend Formulated to Help Break Down Gas-forming Foods & Relieve Occasional Gas & Bloating*

- Fast-acting Natural Formula*
- Helps Digest Beans & Other Gas-forming Foods*
- Relief for Occasional Gas, Bloating & Cramping*
- *SmartZYME™* Blend for More Complete Digestion*
- Fennel Seed Helps Relieve Flatulence*
- Natural Plant-derived Digestive Enzymes
- No Binders or Fillers

Do You Have Trouble with Gas and Bloating?

Does it seem that every time you eat certain foods you get gas and feel bloated? For many people, foods such as beans, vegetables, whole grains and pasta can be hard to digest properly. These foods contain starches and sugars that, if not broken down completely in the intestines, can ferment and may cause gas, bloating or flatulence, especially if your body lacks the enzymes needed to break down these types of food. Taken with meals, **Gas Relief** can help provide the relief you are looking for.*

Gas Relief combines powerful plant-sourced enzymes and fennel seed to help break down gas-forming foods in the intestines and help relieve occasional gas, bloating and pressure.*

Gas Relief includes:

Multi-enzyme Blend: Plant-derived enzymes including alpha galactosidase, phytase, amylase, cellulase, and more help break down the hard-to-digest starches and sugars found in beans, cruciferous vegetables, legumes and grains.*

Fennel Seed: The soothing properties of natural fennel seed relax the digestive tract lining and may help relieve occasional indigestion and reduce flatulence.*

Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 30	
		Amount per Serving	%DV**
Gas Relief Blend		680 mg	
Fennel seed			
<i>Digestive Enzyme</i>	<i>pH Range</i>	<i>Activity</i>	
Amylase†	4.0 - 6.0	20,000 DU	***
Alpha Galactosidase	3.0 - 6.0	1,000 GAL	***
Cellulase†	4.5 - 6.5	3,000 CU	***
Phytase	3.0 - 6.0	40 FTU	***
Lipase†	4.0 - 7.0	200 FIP	***
Protease†	3.0 - 9.0	10,000 HUT	***
Invertase	2.5 - 5.5	16 INVU	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
 *** Daily Value not established
 † *SmartZYME* Blend

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 2 capsules before a meal or snack containing problem food(s). May take additional capsules as needed.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, taking medication or have a medical condition.

ReNew Life uses an exclusive *SmartZYME* blend of enzymes that represent multiple strains blended to increase the potency of the enzymes over a broader pH range. These enzymes are more broadly effective in the human digestive system.



Gas Relief was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.