



# GAS RELIEF™

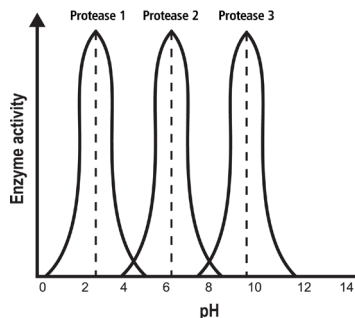
- Ultra-strength enzyme formula to help prevent occasional gas and bloating\*
- Formulated to enhance the digestion of beans, vegetables, whole grains, pasta and other gas-forming foods\*
- Contains alpha galactosidase to help digest beans and complex carbohydrates\*

## Do you have gas and bloating?

Does it seem that every time you eat you get gas and feel bloated? For some, foods such as beans, vegetables, legumes and grains can be hard to digest properly, resulting in occasional feelings of gas and bloating. These foods contain starches and sugars that, if not broken down in the intestinal system, will ferment and may produce gas and bloating.\* This is especially true for those lacking the proper amount of enzymes needed to break down these types of food.

## Do you want relief?

GasRelief is an advanced plant enzyme blend formulated with enzymes that are specific for eliminating the gas and bloating that can occasionally accompany your meal.\* This formula includes enzymes such as amylase for starch digestion; alpha galactosidase for the sugars and starch found in beans, cruciferous vegetables, legumes, and grains; cellulase for digesting vegetable fibers; and fennel to help relieve occasional indigestion and flatulence.\* Taken with meals, GasRelief can help provide the relief you are looking for.\*



Advanced Naturals uses a SmartZYME process for protease. The SmartZYME process is comprised of multiple enzyme strains blended together for the ability to break down food over a broader range of pH levels in the body.

Graph is not exact but is used to illustrate the benefits of the multiple protease strains in the SmartZYME Blend.

## Supplement Facts

Serving Size: 2 Capsules

Servings per Container: 30

		Amount per Serving	%DV**
<b>Proprietary Blend</b>		377.5 mg	
Plant Enzyme	pH Range	Activity	
Amylase	4.0 - 6.0	20,000 DU	***
Alpha Galactosidase	3.0 - 6.0	1,000 GAL	***
Cellulase	4.5 - 6.5	3,000 CU	***
Phytase	3.0 - 6.0	40 U	***
Lipase	4.0 - 7.0	1,200 LU=200 FCCFIP	***
Protease†	3.0 - 9.0	10,000 HUT	***
Invertase	2.5 - 5.5	500 SU=160 INVU	***
Fennel Seed (Foeniculum vulgare)		300 mg	

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*\* Daily Value not established

† SmartZYME blend

Other Ingredients: Vegetable capsule (vegetable fiber and water) and cellulose

**Directions:** Take 2 capsules with a meal.

**WARNING:** Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition.



GasRelief was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.