

FIRST DETOX™



A natural, two-part formula of organic herbs that gently supports cleansing*

- Supports the 7 channels of elimination*
- Contains PhytoSorb™, a blend of 10 herbs and cellulase
- Formulated to be gentle for the first-time cleanser
- Made with 29 organic herbs
- 15-day cleanse

FirstDetox™ is an organic blend of safe, gentle and effective whole herbs that help cleanse the body's 7 channels of elimination.* FirstDetox is formulated for people who have never taken a cleansing supplement or who have not cleansed in a few years. FirstDetox was formulated using whole herbs, which are gentler than deep-cleansing herbal extracts.

FirstDetox II, the colon cleanse, uses small amounts of rhubarb root and buckthorn bark instead of stronger bowel-stimulating herbs. Both formulas in FirstDetox contain PhytoSorb™, a blend of 10 herbs and cellulase that helps to stimulate digestion and break down the cell wall of the whole herbs in the formulation.*

FirstDetox is a gentle, 15-day internal cleanse ideal for people who have never cleansed before.



FirstDetox was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

FirstDetox 1

Morning Formula

Supplement Facts

Serving Size: 2 capsules Servings per Container: 15

	Amount per Serving	%DV**
Proprietary Blend	1300 mg	***
Parsley Leaf (organic)		***
Artichoke Leaf		***
Blessed Thistle Herb (organic)		***
Burdock Root (organic)		***
Dandelion Leaf (organic)		***
Dandelion Root (organic)		***
Echinacea Angustifolia Herb (organic)		***
Fenugreek Seed (organic)		***
Garlic Bulb (organic)		***
Green Tea Leaf		***
Hawthorn Berry		***
Horsetail Herb		***
Kelp (organic)		***
Milk Thistle Seed (organic)		***
Mullein Leaf (organic)		***
Nettle Leaf (organic)		***
Oatstraw (organic)		***
Oregano Leaf (organic)		***
Red Clover Herb		***
Turmeric Root (organic)		***
Wormwood Herb (organic)		***
Yarrow Herb		***
Yellow Dock Root (organic)		***
Proprietary PhytoSorb™ Blend	200 mg	***
Ginger Root (organic)		***
Fennel Seed (organic)		***
Papaya Leaf		***
Cayenne Pepper (organic)		***
Coriander Seed (organic)		***
Cumin Seed (organic)		***
Gentian Root		***
Black Pepper (organic)		***
Peppermint Leaf (organic)		***
Spearmint Leaf (organic)		***
Cellulase (providing activity of 1500 CU per serving)		***

	Amount per Serving	%DV**
Proprietary Blend	1300 mg	***
Flaxseed (organic)		***
Buckthorn Bark		***
Rhubarb Root (organic)		***
Marshmallow Root (organic)		***
Triphala (a blend of Amalaki, Bibhitaki and Haritaki)		***
Slippery Elm Bark (organic)		***
Proprietary PhytoSorb™ Blend	200 mg	***
Ginger Root (organic)		***
Fennel Seed (organic)		***
Papaya Leaf		***
Cayenne Pepper (organic)		***
Coriander Seed (organic)		***
Cumin Seed (organic)		***
Gentian Root		***
Black Pepper (organic)		***
Peppermint Leaf (organic)		***
Spearmint Leaf (organic)		***
Cellulase (providing activity of 1,500 CU per serving)		***

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
***Daily Value not established

Other Ingredients: Vegetable capsules (vegetable fiber and water)

Directions: For the first 3 days, take one capsule in the morning. After 3 days, take two capsules in the morning. Please read accompanying literature.

FirstDetox 2

Evening Formula

Supplement Facts

Serving Size: 2 capsules Servings per Container: 15

	Amount per Serving	%DV**
Proprietary Blend	1300 mg	***
Flaxseed (organic)		***
Buckthorn Bark		***
Rhubarb Root (organic)		***
Marshmallow Root (organic)		***
Triphala (a blend of Amalaki, Bibhitaki and Haritaki)		***
Slippery Elm Bark (organic)		***
Proprietary PhytoSorb™ Blend	200 mg	***
Ginger Root (organic)		***
Fennel Seed (organic)		***
Papaya Leaf		***
Cayenne Pepper (organic)		***
Coriander Seed (organic)		***
Cumin Seed (organic)		***
Gentian Root		***
Black Pepper (organic)		***
Peppermint Leaf (organic)		***
Spearmint Leaf (organic)		***
Cellulase (providing activity of 1,500 CU per serving)		***

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
***Daily Value not established

Other Ingredients: Vegetable capsules (vegetable fiber and water)

Directions: For the first 3 days, take one capsule in the evening. After 3 days, take two capsules in the evening. Please read accompanying literature.

Note: This product contains rhubarb. Please read and follow instructions carefully.

For Both Bottles:

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose. **Notice: DO NOT USE IF YOU HAVE OR DEVELOP DIARRHEA, ABDOMINAL PAIN OR LOOSE STOOLS.**



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.