



DIGEST MAX™

A digestive enzyme formula with natural ingredients to help support digestive tract health*

- 10 plant-based digestive enzymes
- L-glutamine and N-acetyl D-glucosamine for digestive tract health*

Why take Enzymes?

Enzymes help break down and digest food so the body can use it. Fresh, raw foods contain plenty of enzymes to help with digestion, but with today's diet of cooked and processed foods, many of the natural enzymes are cooked out. Without the enzymes needed for proper digestion, the body may not be able to digest and absorb the valuable nutrients it needs.

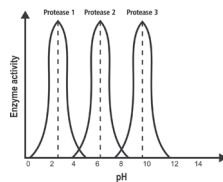
Who needs Enzymes?

Anyone can benefit from taking digestive enzymes with their meals, as they help maximize the nutrient intake from food.

Why are Plant Enzymes best?

All bodies are different. Some digestive tracts are more acid, and some are more alkaline. Plant enzymes are best because they are effective in both acid and alkaline systems.

DigestMax™ is a plant-based digestive enzyme supplement blended with herbs and nutraceuticals for additional digestive support.* DigestMax contains 10 plant-based digestive enzymes, which help digest a variety of food material, including protein, starches, cellulose and lactose.* Additional herbal and nutraceutical ingredients include marshmallow, ginger root, and gamma oryzanol (from rice bran). The amino acids L-Glutamine and N-acetyl D-glucosamine are included as nutrient support for the digestive system.* DigestMax can be taken by anyone who wants to maximize the nutrients they obtain from their food, while providing support to the digestive tract.



Advanced Naturals uses a SmartZYME process, for protease. The SmartZYME process is comprised of multiple enzyme strains blended together for the ability to break down food over a broader range of pH levels in the body.

Graph is not exact but is used to illustrate the benefits of the multiple protease strains in the SmartZYME Blend.



DigestMax was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

Protease- helps break down protein*
Amylase- helps break down carbohydrates*
Lipase- helps break down fats*
Cellulase- helps break down vegetable fiber (cellulose)*
Malt Diastase- helps break down carbohydrates*
Pectinase w/phytase- helps break down pectin and phytates (found in grains)*

Supplement Facts

Serving Size: 1 Capsule Servings per Container: 90

	Amount per Serving		%DV**
Plant Enzyme Blend	175 mg		
	pH Range	Activity	
Protease†	3.0 - 9.0	20,000 HUT	***
Amylase	4.0 - 6.0	9000 DU	***
Lipase	4.0 - 7.0	900 LU	***
Lactase	3.5 - 5.5	250 LacU	***
Cellulase	4.5 - 6.5	250 CU	***
Invertase (Sucrase)	2.5 - 5.5	0.1 IAU	***
Malt Diastase	3.0 - 7.0	125 DP°	***
Pectinase w/Phytase	3.0 - 6.0	150 AJDU	***
L-Glutamine		100 mg	***
Ginger root (Zingiber officinale)		25 mg	***
Marshmallow root (Althaea officinalis)		25 mg	***
Papaya fruit (Carica papaya)		25 mg	***
Bromelain (2400 gdu/gm, 3600 mcu/gm)		10 mg	***
N-Acetyl D-Glucosamine		10 mg	***
Gamma Oryzanol		10 mg	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
 *** Daily Value not established

† SmartZYME blend

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 1 capsule with each meal. May increase to 2 capsules if needed.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.