



# CRITICAL LIVER DEFENSE\*

## Antioxidant Liver Support Formula\*

- Alpha lipoic acid
- B-Complex
- Amino acids
- Siliphos® milk thistle

Critical Liver Defense is an advanced, highly concentrated liver support program formulated to assist individuals with critical liver needs.\* With over 25 ingredients, it combines powerful Siliphos® brand milk thistle extract and phosphatidylcholine with vitamins, amino acids, herbs, and nutraceuticals. Critical Liver Defense is a comprehensive, natural approach for deep liver support.\*

Milk thistle contains silymarin, a mixture of flavonoids (antioxidant-rich plant compounds). Silymarin is one of the most potent liver-protecting substances known.\* Siliphos® brand milk thistle extract contains 80 mg of total silybin, the key component of silymarin.

Siliphos® uses Phytosome® technology, a process that binds standardized herbal extracts to a phospholipid from soy beans in order to increase the absorption of the herbal ingredients and make them more available to the body.

Advanced Naturals™ uses this patented technology to bind the most beneficial component of silymarin (milk thistle seed extract) to phosphatidylcholine and provide critical liver support.\*

Phytosome® and Siliphos® are trademarks of Indena S.p.A.

### Supplement Facts

Serving Size: 6 Capsules  
Servings per Container: 15

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid/ascorbic acid palmitate)	1000 mg	1667%
Thiamine (as thiamine hydrochloride)	25 mg	1667%
Riboflavin (as riboflavin)	25 mg	1470%
Niacin (as inositol hexanicotinate)	50 mg	250%
Vitamin B-6 (as pyridoxine hydrochloride)	45 mg	2250%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	100 mcg	1667%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Zinc (as zinc monomethionine)	7.5 mg	50%
Selenium (as L-selenomethionine)	300 mcg	428%
Phosphatidylcholine (from Siliphos® and non-GMO soy)	260 mg	**
L-Taurine	250 mg	**
N-Acetyl-Cysteine	250 mg	**
Siliphos® (Milk Thistle Seed extract containing 80 mg total silybin)	240 mg	**
Alpha Lipoic Acid	200 mg	**
L-Isoleucine	175 mg	**
Western Larch Arabinogalactin	150 mg	**
Quercetin	150 mg	**
Trimethylglycine	150 mg	**
L-Leucine	115 mg	**
L-Methionine	100 mg	**
L-Valine	100 mg	**
Artichoke Leaf (Cynara scolymus)† (containing 6.75 mg of caffeoylquinic acids)	45 mg	**
Green Tea Leaf (Camellia sinensis)† (containing 28.5 mg of total polyphenols)	30 mg	**
L-Glutathione (reduced)	25 mg	**

† Standardized Plant Extract  
\*\* Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water), cellulose and silica

**Directions:** Take 6 capsules daily or as directed by a healthcare professional.

This product contains an ingredient derived from soy.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a dry place at 59°- 86°F (15°- 30°C).

**WARNING:** Consult your physician before taking this or any product if you are pregnant, nursing, taking prescription medications or have bile duct obstruction.

**Contains no yeast, wheat, corn, gluten, salt, sugar, dairy, animal products, binders or artificial ingredients**



Critical Liver Defense was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.