



CLEANSEMAX™

An herbal formula that supports internal cleansing*

- 30-day internal cleanse
- Supports the 7 channels of elimination*
- Supports cleansing of the colon*
- 8 concentrated herbal extracts
- Easy-to-swallow capsules
- No cascara sagrada, senna or added fillers

For thousands of years mankind has used cleansing and detoxification to maintain health.

What is CleanseMax?

CleanseMax is a total-body formulation that supports the body's 7 channels of elimination.* CleanseMax Part I supports the liver, lungs, lymphatic system, kidneys, skin and blood.* Part II supports cleansing the bowel.*

CleanseMax is easy to take, just two capsules in the morning and two at night, and is formulated to be taken in harmony with normal daily activity.



CleanseMax was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of five natural healthcare clinics specializing in internal cleansing and detoxification.

CleanseMax I Organ Detox Formula

Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 30
	Amount per Serving	%DV**
Proprietary Blend 750mg		
Milk Thistle Seed (<i>Silybum marianum</i>) †		***
Artichoke Leaf (<i>Cynara scolymus</i>) 2% Cynarin		***
Ashwagandha Root (<i>Withania somnifera</i>) ▲		***
Beet Leaf (<i>Beta vulgaris</i>) †		***
Bupleurum Root †		***
Burdock Root (<i>Arctium lappa</i>) ▲		***
Celandine Leaf (<i>Chelidonium majus</i>)		***
Chlorella		***
Corn Silk (<i>Zea mays</i>)		***
Dandelion Root (<i>Taraxacum officinale</i>) †		***
Hawthorn Berry (<i>Crataegus laevigata</i>) †		***
Larch Arabinogalactan (<i>Larix occidentalis</i>)		***
Mullein Leaf (<i>Verbascum thapsus</i>)		***
Red Clover Herb (<i>Trifolium pratense</i>)		***
Turmeric Root (<i>Curcuma longa</i>) †		***

** Percent Daily Values are based on a 2,000 calorie diet.

*** Daily Value not established

† 4:1 Powdered Extract

▲ 5:1 Powdered Extract

Other Ingredients: Vegetable capsules (vegetable fiber and water)

Directions: For the first 3 days, take 1 capsule in the morning. After 3 days, take 2 capsules in the morning. Please read accompanying literature.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose. Discontinue use if adverse effects occur.

CleanseMax II Colon Cleanse Formula

Supplement Facts

Serving Size: 2 Capsules		Servings per Container: 30
	Amount per Serving	%DV**
Magnesium (as magnesium hydroxide)	240 mg	60%
Proprietary Blend 850 mg		
Cape Aloe Gel (<i>Aloe ferox</i>)		***
Rhubarb Root (<i>Rheum officinalis</i>)		***
Fennel Seed (<i>Foeniculum vulgare</i>)		***
Ginger Root (<i>Zingiber officinale</i>)		***
Marshmallow Root (<i>Althaea officinalis</i>)		***
Slippery Elm Bark (<i>Ulmus rubra</i>)		***
Triphala (blend of Amalaki, Bibhitaki and Haritaki)		***

** Percent Daily Values are based on a 2,000 calorie diet.

*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: For the first 3 days, take 1 capsule in the evening. After 3 days, take 2 capsules in the evening. Please read accompanying literature.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose. Discontinue use if adverse effects occur.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.