



Diet Start Max™

Fat Flush and Colon Cleanse

- Advanced 14-day Program
- Increases Lean Body Mass*
- Promotes Using Fat for Energy*
- Helps Eliminate Stored Toxins*
- Stimulates Fat Burning by Reducing Blood Sugar*
- Includes Svetol® Award-Winning, Natural European Weight Loss Aid
- No Fillers or Binders

Diet Start Max is a 14-day, 2-part fat flush and colon cleanse designed to jumpstart your weight loss program and enhance metabolism.*

Part 1: Fat Flush Formula is a natural formula made with Svetol® that promotes using fat for energy.* A proven weight loss enhancer used in more than 50 products throughout Europe, Svetol is a decaffeinated green coffee bean extract rich in chlorogenic acids.* In addition to its potent antioxidant properties, it has been shown to support healthy glucose (sugar) metabolism by delaying the absorption of glucose from foods.* When this happens, stored fat is released from the body's fat cells to help supply a needed energy source for everyday functions.

Part 2: Colon Cleanse Formula is a potent colon cleanse with rhubarb and cape aloe to support healthy bowel function, and magnesium to help hydrate the bowel.* FraxiPure®, a natural extract of the European ash tree, has been shown to help inhibit excess sugar absorption by the kidneys.*

Made with Svetol® Diet Enhancer 

Svetol® is a decaffeinated green coffee bean extract rich in chlorogenic acids which has been shown to support healthy glucose (sugar) metabolism and promote the release of stored fat from the body's fat cells. Svetol is a recognized European weight loss aid and winner of the Health Ingredients Europe (Hi) Award. It is the first Hi Award given to a natural products extract.*



Diet Start Max was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Diet Start Max I

Supplement Facts		
Serving Size: 1 Capsule	Servings per Container: 28	
	Amount per Serving	%DV**
Svetol® GDCE	200 mg	***
Green decaffeinated coffee extract (50% chlorogenic acid) bean		

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)
Directions: Take 1 capsule 2 times per day with a low-calorie meal. Use in conjunction with a low-calorie diet and exercise program.

Diet Start Max II

Supplement Facts		
Serving Size: 2 Capsules	Servings per Container: 14	
	Amount per Serving	%DV**
Magnesium (as magnesium hydroxide)	230 mg	58%
Proprietary Blend	825 mg	
Cape Aloe leaf		***
Rhubarb root		***
FraxiPure® European Ash Extract seed 6:1		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)
Directions: Take 2 capsules in the evening before bed. Drink plenty of purified water while using this product.
Notice: This product contains rhubarb and cape aloe. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA OR LOOSE STOOLS.** Read and follow directions carefully.
FOR BOTH BOTTLES:
WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you have or have a family history of diabetes or hypoglycemia, are trying to conceive, taking medication or have a medical condition.
Note: We recommend using DIET Start Cleanse in conjunction with a sensible weight loss program that includes a healthy low-calorie diet and regular exercise. Consult your physician before beginning any weight loss program.