

HIGH FIBER 14g! Organic Fiber Bar

- Certified organic
- 14g of fiber per bar
- High-energy
- 4 delicious flavors
- Dairy-, soy- and gluten-free
- Certified vegan, kosher
- Non-GMO
- Cold-pressed
- No added sugar or preservatives



Organic Fiber Bars were developed to fill an important void in the nutritional food industry—to offer a better-tasting, concentrated fiber product to promote good digestive health. ReNew Life Formulas has created a high-fiber bar that is organic and tastes so good, your customers will eat them because they want to, not because they have to. But the benefits go beyond great taste.

Organic Fiber Bars, available in 4 great flavors—Awesome Apple, Chocolate Dream, Cranberry Craze, and Lemon Burst combine organic fiber, fruit and

nuts to provide 14 grams of fiber in each bar, equal to 56% of the RDA!

Until now, consumers would have to endure the bad taste and texture of drinkable fiber products such as psyllium fiber or consume large amounts of certain foods. Now with Organic Fiber Bars, they have a great-tasting, easier way to get the fiber they need every day.* These nutritious bars are affordable and convenient, and make a great breakfast alternative or anytime snack.



Organic Fiber Bars were formulated by Brenda Watson, C.N.C., president of ReNew Life Formulas and the founder of natural healthcare clinics specializing in natural digestive care.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Awesome Apple

Nutrition Facts		Serving Size: 1 Bar (50g)		Servings per Container: 1	
Calories 160					
Calories from Fat 35					
Amount per Serving		%DV**		Amount per Serving	
Total Fat	3.5g	5%	Total Carbohydrate	35g	12%
Saturated Fat	0g	0%	Dietary Fiber	14g	56%
Trans Fat	0g		Sugars	20g	
Polysaturated Fat	2.5g		Refined Sugars	0g	
Monounsaturated Fat	1g		Protein	2g	
Cholesterol	0mg	0%	**Percent Daily (DV) Values are based on a 2,000 calorie diet.		
Sodium	30mg	1%			

Ingredients: Organic Dates, Organic Fiber Blend (organic acacia, organic gluten-free oat fiber, organic flaxseed), Organic Apple, Organic Walnuts, Organic Raisins, Organic Sunflower Oil, Organic Cinnamon
Quality Assured: ReNew Life® Z9AKZ 1-800-830-4778 or renewlife.com. NF Made in a facility that uses peanuts.
 Not a significant source of calories from fat, cholesterol, vitamin A, vitamin C, calcium and iron.



Chocolate Dream

Nutrition Facts		Serving Size: 1 Bar (50g)		Servings per Container: 1	
Calories 170					
Calories from Fat 50					
Amount per Serving		%DV**		Amount per Serving	
Total Fat	5g	8%	Total Carbohydrate	33g	11%
Saturated Fat	1g	5%	Dietary Fiber	14g	56%
Trans Fat	0g		Sugars	19g	
Polysaturated Fat	2.5g		Refined Sugars	0g	
Monounsaturated Fat	2g		Protein	2g	
Cholesterol	0mg	0%	**Percent Daily Values (DV) are based on a 2,000 calorie diet.		
Sodium	10mg	0%			

Ingredients: Organic Dates, Organic Fiber Blend (organic acacia, organic gluten-free oat fiber, organic flaxseed), Organic Walnuts, Organic Raisins, Organic Cocoa Powder, Organic Sunflower Oil, Organic Apple, Cocoa Extract
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Cranberry Craze

Nutrition Facts		Serving Size: 1 Bar (50g)		Servings per Container: 1	
Calories 160					
Calories from Fat 35					
Amount per Serving		%DV**		Amount per Serving	
Total Fat	3.5g	5%	Total Carbohydrate	35g	12%
Saturated Fat	0g	0%	Dietary Fiber	14g	56%
Trans Fat	0g		Sugars	20g	
Polysaturated Fat	2.5g		Refined Sugars	0g	
Monounsaturated Fat	1g		Protein	2g	
Cholesterol	0mg	0%	**Percent Daily Values (DV) are based on a 2,000 calorie diet.		
Sodium	20mg	1%			

Ingredients: Organic Dates, Organic Fiber Blend (organic acacia, organic gluten-free oat fiber, organic flaxseed), Organic Walnuts, Organic Raisins, Organic Apple, Organic Cranberry, Natural Cranberry Flavor, Organic Sunflower Oil
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Lemon Burst

Nutrition Facts		Serving Size: 1 Bar (50g)		Servings per Container: 1	
Calories 160					
Calories from Fat 30					
Amount per Serving		%DV**		Amount per Serving	
Total Fat	3.5g	5%	Total Carbohydrate	35g	12%
Saturated Fat	0g	0%	Dietary Fiber	14g	56%
Trans Fat	0g		Sugars	20g	
Polysaturated Fat	2.5g		Refined Sugars	0g	
Monounsaturated Fat	0.5g		Protein	2g	
Cholesterol	0mg	0%	**Percent Daily Values (DV) are based on a 2,000 calorie diet.		
Sodium	30mg	1%			

Ingredients: Organic Dates, Organic Fiber Blend (organic acacia, organic gluten-free oat fiber, organic flaxseed), Organic Apple, Organic Walnuts, Organic Raisins, Organic Lemon, Organic Sunflower Oil, Natural Flavor
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